

Bucks Summer Skate

Date: Aug 21 2024

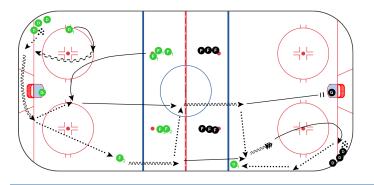
Time: 3:28 am

Duration: 53 mins

8 mins

7 mins

Cam Neely



On whistle, D1 pivots at top of circle and retrives puck from corner and wheels behind net

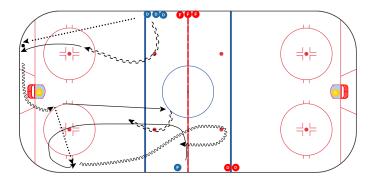
 ${\sf F1}$ swings slow and low for middle breakout pass, ${\sf F2}$ stops at hash marks and joins breakout

D1 follows rush

 $\mathsf{F1}$ and $\mathsf{F2}$ play catch and kick puck out on zone entry, take shot with net drive

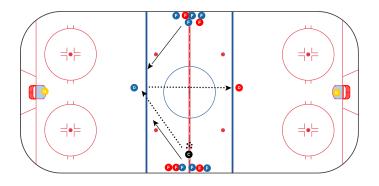
 $F2\,picks\,up\,second\,puck$ in corner and rims up to D on blue line for shot with net presence

Avalanche 1on1



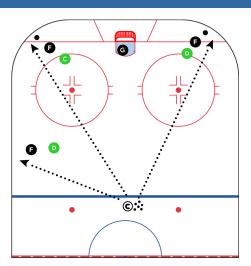
D back peddles and retrieves puck in corner and wheels net F steps out into dot line and opens up for breakout pass D stops at top of circles, hard back to hash marks, and gaps up with forward for 1on1

Yeezy 2on1



Coach passes to D1 2 forwards forecheck D1 D1 passes puck through forecheck to D2 If pass gets through to D2, forwards regroup and go 2on1vs D1 If pass doesn't get through, 2 forwards carry on and play 2on1vs D1

10 mins

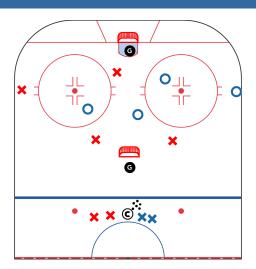


Rim puck to force first touch escape

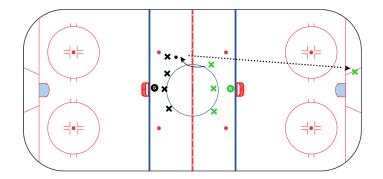
First three sets of forwards and D play 1on1 out of corner on whistle. On third whistle all players play 3on3.

Blow the whistle after 15 seconds or so, or a goal, scoring chance, or possession switch

3on3 Levels



Polar Express



3on3 with stationary outlet for posession pass, can score on either net.

Team blue starts and attacks 4 vs 3

Red has a trigger player below the goal line

When trigger players gets puck, blue changes, trigger activates, red attacks 4 on 3

4 new blue players, one plays the trigger position below goal line until possession switch

- - - -

10 mins

10 mins