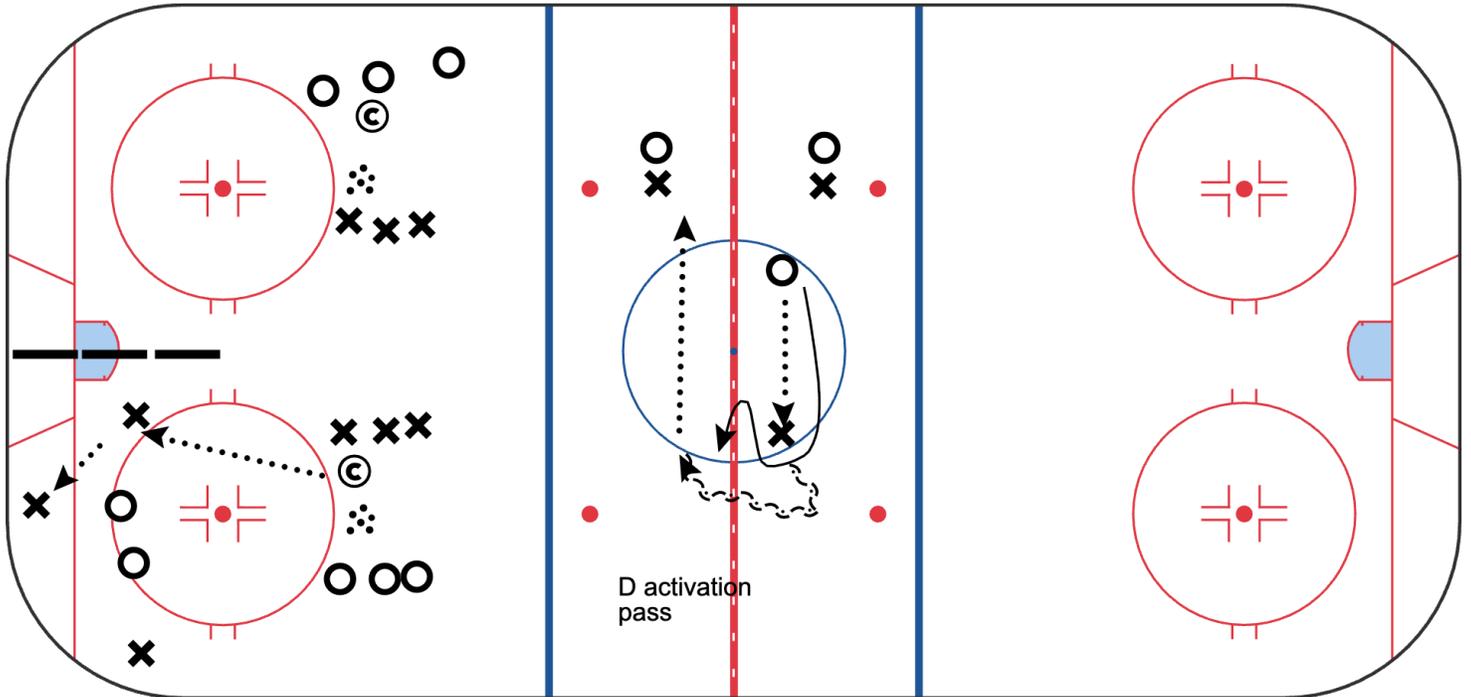




3 vs 2 break out battle_warm up



Description

Forwards:

3 vs 2

break out with three passes - pass to coach or add a small net to score

Defense:

activation pass - P1 passes to P2 in backward motion - P2 pressure and P1 use lateral move to pass to other player in opposite line

Key Points

- get ready for the practice!