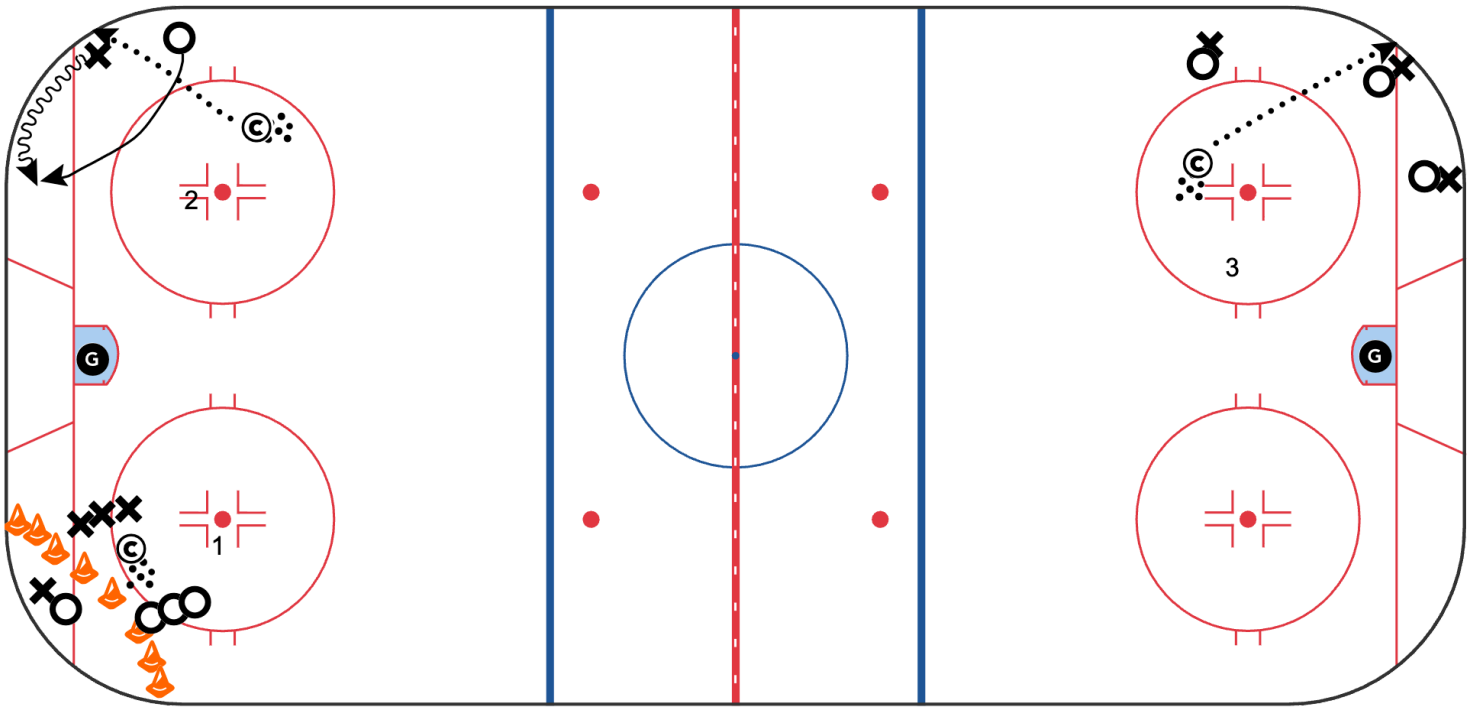




# 1vs1 winning battles



## Description

1. 1vs1 inside the cones
2. 1vs1 net drive
3. Net drive - 1vs1, 2vs2, 3vs3

## Key Points

- use your body to protect the puck
- stick to the puck
- quick decision and off the puck habits