

Tip Tip Gap Gap 2v2



MIN. NUMBER OF PLAYERS:

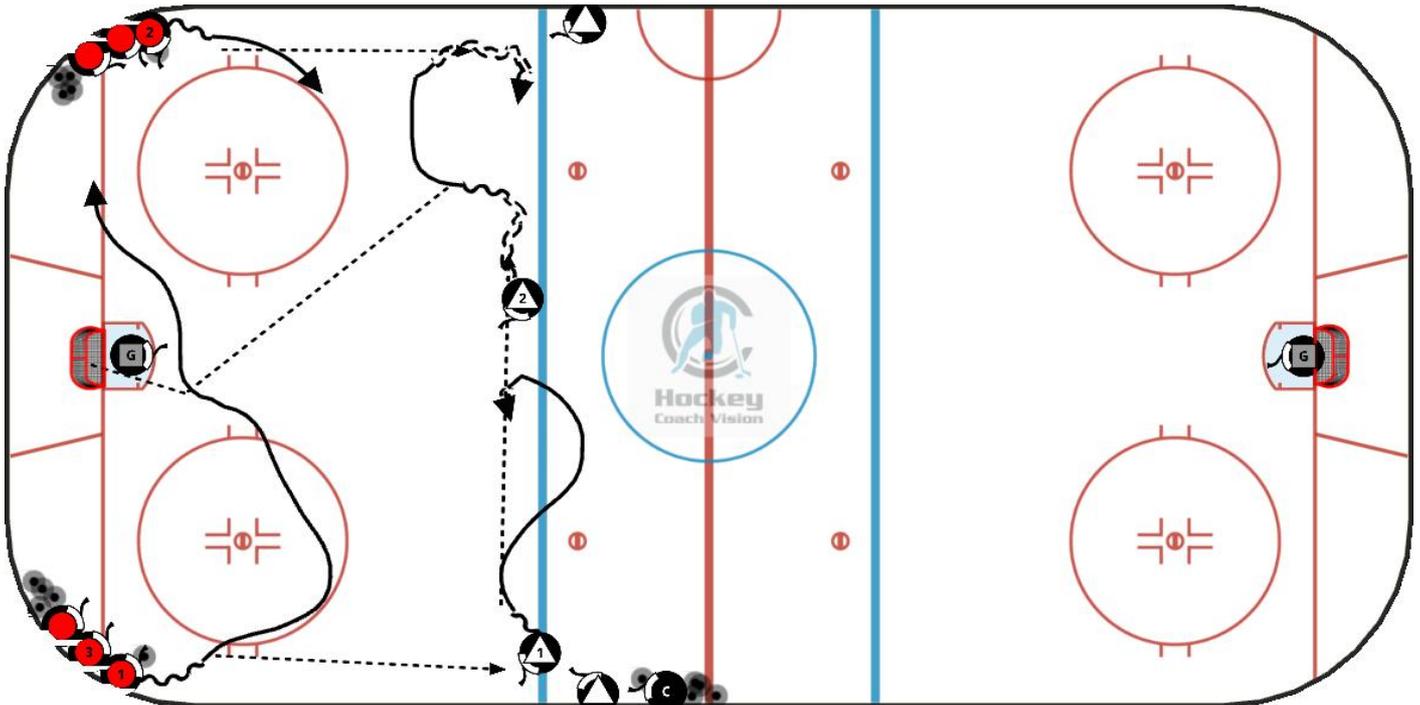
OFF / DEF / GK - 6 / 4 / 2

LEVELS:

13-14, 15-16, 11-12, SEMIPRO, PRO, 17-20

TAGS:

2 vs. 2, d shooting, full ice, gap control, lzo, passing, screen / tip, shooting, support



DESCRIPTION:

F1 passes up to D1 and goes to the net with good timing. D1 passes quickly to D2 who slides laterally along the blue line then steps in to shoot for F1's stick for a deflection. D2 then goes to the wall, takes a pass from F2, passes quickly across to D1 who slides laterally inside the blue line before stepping in and shooting for F2's stick. Coach passes in a new puck to either F1 or F2 and they circle around inside until the Coach whistles to start 2v2 attack up ice. D1 and D2 move up and back adjusting their gap preparing for 2v2. Coach lets the 2v2 play out normally or has option of making a double whistle to signal that forwards should cut back to their own blue line before re-attacking back up ice. Both D should step up and re-set gap on double whistle.

KEYPOINTS:

- Heads up shooting/passing by D.
- Forwards drive to the net with good timing to arrive at the net in a good position to deflect the slap-pass.
- D maintain a tight gap against the forwards at all times trying to hold their blue line on 2v2 rush.
- Play out low 2v2 until the whistle.

NOTES:

