



Circle Net Face off Game - Coach Barry

Circle Net Faceoff Game develops puck support, activation, and quick strike scoring. Set one net with goalie inside each circle. Teams line up with three players per side in faceoff positions. Play begins with faceoff. Team in possession must pass puck into circle before shooting. This constraint builds connection and support before scoring. After goal, both teams reset for next faceoff. Each round runs 45 seconds. Reinforces puck recovery, passing activation, scoring timing, and transition awareness. Goalies track puck movement into circle and prepare for immediate scoring threats.

Video walkthrough: <https://youtu.be/PAeSMNmJt0w>