



## Boards Recovery → One-Timer Game - Coach Barry

Set up two nets facing the corner with one goalie in each. Each net has 1 defender and 2 attackers. The coach spots the puck to the middle and players battle to recover it. Players cannot cross the centre line and passes are only allowed along the board bumper. Goals can only be scored if the puck is recovered off the boards and passed to a shooter for a one-timer. Rebounds are live for all players. Run 30-second reps to create urgency, quick reads, and game-speed decisions.