



The Royal Road Goalie Game - Coach Barry Jones

Set up one net with a goalie. Place one player in each circle. Coach spots the puck to either circle to start play. Players battle for possession. The puck winner becomes offense and must pass to the opposite circle before shooting. If the other player intercepts or recovers the puck, they must pass across the Royal Road before shooting. On rebounds, play becomes live 2v2. Goalies focus on S.A.D, Square, Angle, Depth, lateral shuffles, T-Pushes, and rebound control. Emphasize east-west movement and fast transitions.