



Hinge Passing 3-on-0

- F1 Passes to D1 who walks to the middle taking D2's original spot
- D2 slides over
- F1 moves up the boards to replaces D1's original spot
- D1 has the option to pass across to D2 or back to F1
 - If pass goes from D1 to D2, F1 cuts to top of circle for pass/shot
 - If pass goes from D1 back to F1, D2 cuts to top of circle for pass/shot

Notes:

- Rehearses Power Play setup starting from half-wall
- Walk into 3 high formation
- Can also use for in-zone offense at even strength