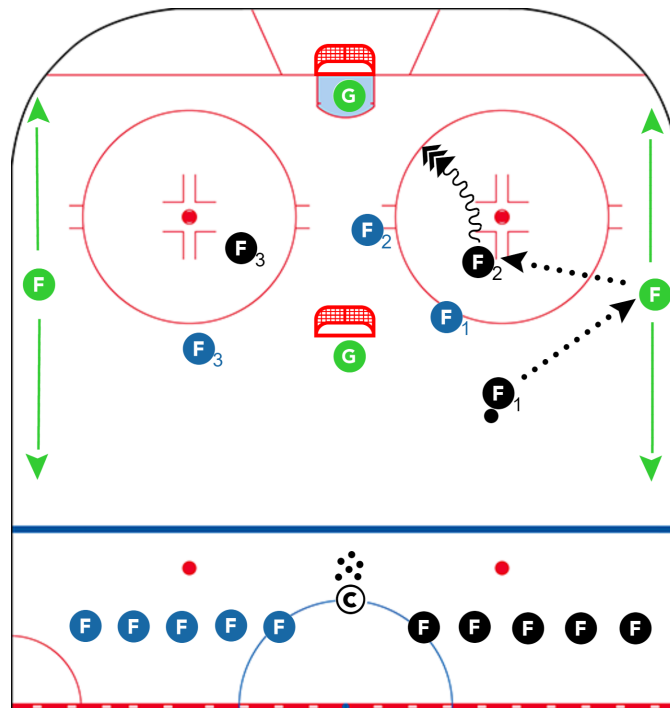




3 vs 3 Levels



Description

- Set one net in the standard position in the crease and a second net between the circles, facing the blue line.
- Play 3 vs 3 in the zone with a support player along each wall.
- Players must pass to one of the support players on change of possession before attempting to score. Support players can move laterally along the wall and must pass back to the team that passes to them.
- Teams can score on either net.

Key Points

- Encourage offensive creativity and deception.
- Emphasize awareness, communication and puck support in quick transitions.