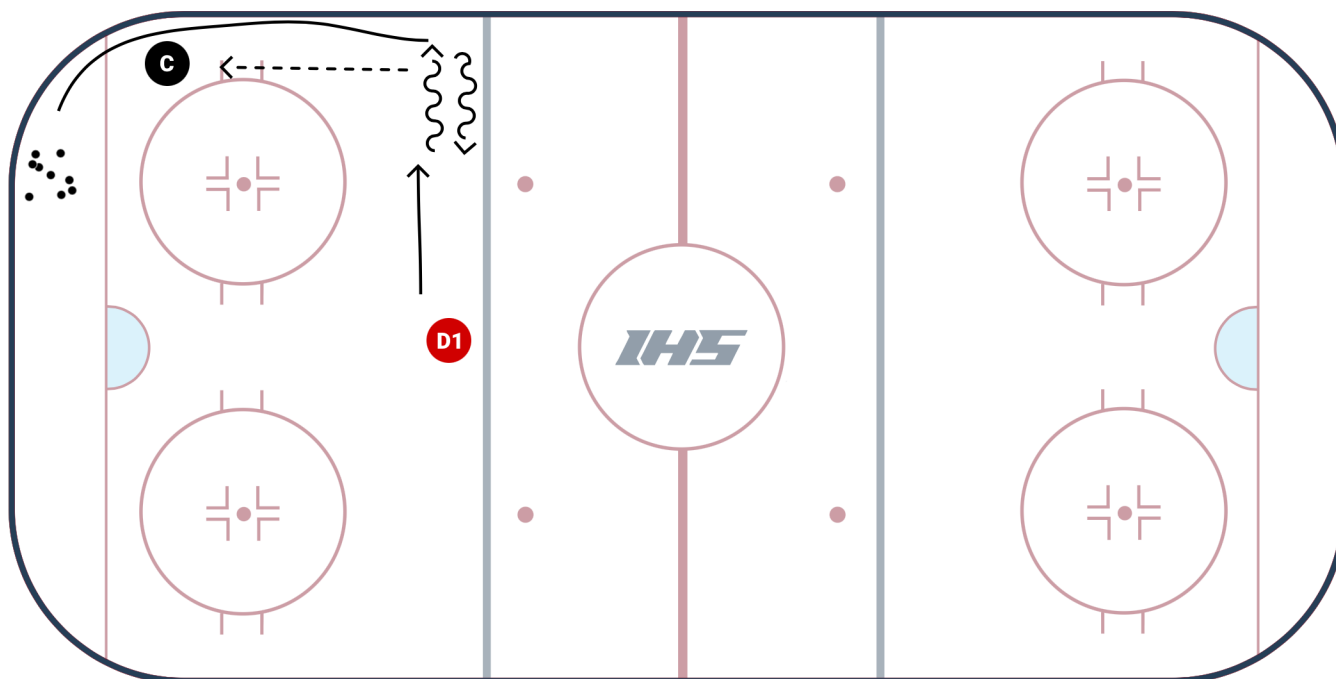


walk the line part 3/3



Description

Last drill of "walk the line." Coach passes puck up the boards, D man will skate to the boards and pick up the puck. D man will transition and walk the line with the puck. Stop halfway to the middle and move back to the boards followed by a pass back down to the coach.

The focus is to use all of your options when holding the puck at the blue line.

Do this variation 3 times.

For the complete "walk the line" each player will do each variations 3 times with no stopping in between. This is meant to be fast paced.