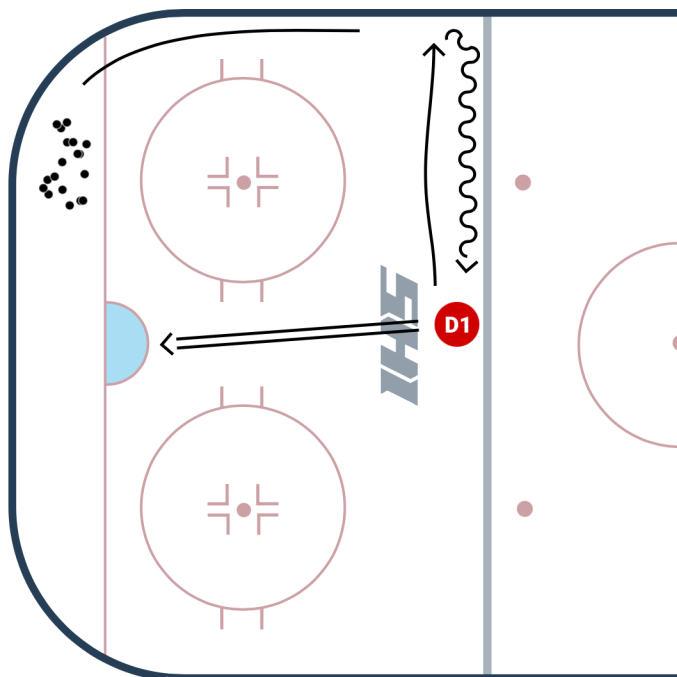


walk the line part 1/3



Description

coach passes puck up the boards, D man skates to wall and picks up puck. D man will then transition and walk the line back to the middle, followed by a LOW shot on net. Focus is to force D men to walk the line to open up lanes and get LOW shots on net for rebounds/ deflections.

Skaters will do this 3 times followed by two other variations.