T1-2 – Breakouts-Point Shots – Pro

Key Points:

D shoulder check then make a hard fake and pick up the puck. Make crisp passes. Hit the net. Rebound for the shooter after passing to the point.

Description:

- 1. Defensemen at the blue line.
- 2. D2 dump the puck in and D1 skate up to the blue line then back and get the puck.
- 3. D1 pass up to D2 at the point who passes across to D3 who shoots D1 look for a rebound.
- 4. D2 skate from the top of the circle to the blueline and back then get the next puck D4 shot in.
- 5. D4 pass across to D2 who shoots and then goes back to make the next breakout.
- 6. Drill goes side to side, shoot-make the breakout pass-D to D and shot-repeat.
- 7. Add another D and now make D to D passes, either over or reverse.
- 8. After the D to D and point shot the two D at the point do the next breakout.
- 9. Make a breakout from each side and shot from each point then shooting D breakout.
- 10. Work on all the breakout options.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20161115094413992

https://youtu.be/oOB3R0VsxCw

