

TEAM STANDARD

The purpose of this teambuilder is to give the players ownership of the internal team standard. The Team Standard is an ongoing group effort that includes the players, trainers, coaches, and anyone else who's involved with the team on a daily basis.

METHOD

Each group is responsible for brainstorming and coming up with five choices, habits, characteristics, actions, or anything else you can think of that could prevent you, other players, or the team from getting better tomorrow.

Group 1

- 1.
- 2.
- 3.
- 4.
- 5.

Group 2

- 1.
- 2.
- 3.
- 4.
- 5.

Group 3

- 1.
- 2.
- 3.
- 4.
- 5.

Group 4

- 1.
- 2.
- 3.
- 4.
- 5.

Group 5

- 1.
- 2.
- 3.
- 4.
- 5.

As a group, talk about how to overcome common obstacles. These practices form your *Team Standard*.

TEAM STANDARD

1.

2.

3.

4.

5.



THE
COACHES
SITE